



# Living Lord Lutheran Church

Make disciples, Serve selflessly, Live faithfully

## The Voice



June 2024 Issue



Dear Friends in Christ:

During the month of June there are two Church celebrations: St. Barnabas on the 11<sup>th</sup> and Peter and Paul (celebrated together) on the 29<sup>th</sup>. They are celebrated on weekdays so we will not see them on Sundays.

Barnabas was probably one of the 70 that Jesus sent out on a mission trip. He sheltered Paul when he came to Jerusalem and was looked upon with fear because of his background. Peter and Paul disagreed on a number of things and Paul called Peter wrong in Galatians. They came from different backgrounds and had some different ideas and yet they were united because of the faith that they lived in. Faith in Jesus Christ as Savior and Lord. We are not too different from the early Church. Our people come from many places with different backgrounds and differing ideas. And yet, we are united in the same faith as Peter and Paul. And, we have the same mission. We are children of God, called and equipped to make a difference in the world. As long as we share the Faith and the Mission of Barnabas and Peter and Paul, We are the Church. My prayer is that we always be Church together.

Read Ephesians 4:1-6 and always remember that God loves YOU.

In Christ's love: Pastor Ed

# PRAYER REQUESTS



**PUB THEOLOGY** Will meet on Wednesday June 5 and **Thursday** June 20 to share views about How does God interact in our everyday lives? The group will meet at the Beef O’Brady’s Lakewood Ranch Blvd at 6:30pm. The format is simple: beer, conversation, and God. For more information contact Doug Holst at (813) 447-9917.

## LUNCH BUNCH INVITATION

The second Thursday of every month the LLL lunch bunch meet at 11:30 am. The next luncheon will be on Thursday June 13, 2024 at Skillets on State Road 64. This luncheon is open to all who wish to attend. If you have any questions, please contact Diana Cubberly 941-773-3517.

## SAFETY SEMINAR

Manatee County Deputy Tom Kaczmarek will be at LLLC on Saturday, June 15, 2024, at 10AM to talk about SAFETY. He will talk about General Safety, Fraud, Cyber Crime, etc. Please sign up on the bulletin board if you plan to attend. Call Beverly Brockschmidt with any questions at 352.464.1177.

Hey members of Fellowship, Celebration of Life, Sunshine Committee, Outreach and Handicrafts Ministry, Stephen Ministries , Faith Community Nurses, Christian Life Groups, Pub Theology!

The Parish Life team is meeting the first Sunday of June at 10am in the Sanctuary Hall. Hope someone from your team can join us.

Theo Bullington	Josh Myers Behler
Rob Babel	Chris Mork
Kristine Mylett	Shirley Smith
Susanna Scott	Will
Gordy Havey	Nan Fisher
Janet Castner	Calvin
Liz Howell	Gene Rahn
Wyly Pope	Lori Rapp
Sue Pinkerton	Jim Pinto
Linda Henkelmann	Tony Zubricky
Jacob Rodriguez	Joe Kitchie
Suzanne Dietzel	Rade Mallkovich
Nancy Woodworth	Sharlene Jones
June Hartlieb	Shirley Kitsmiller
Family of Janet Burkman	Linda Couch
Ron Silver	Jeanne Thum
Andrew Catanese	Ray Rankl
Family of Glenda Masch	Jim and Sandy Kudrin
Laura Apeathy	Becky Berka
Frankie Vasquez	Debbie Skelly
Nayda Rivera	Jeff Shaw
Elaine Truitt	Valerie Walden
Ralph Hanson	Peggy Smith
Bob Ready	Dan
Brian Brockschmidt	Dawn Schaeffer
Family of Brian Schmidt	Family of Marlene Saum
Kathy Rodd	John Saum
Terrie Dale	Linda
Schrand Family	Roger Henkelmann
Family of Helen Marr	Family of Margitta Rizzo
June Jorgensen	Bradley
Nan	Ben Drennan
Kathy Murgatroyd	Tracy B.
Carol Driscoll	Family of
Meri Capithorne	Charlie Croatman
Alexa	Denise
Deb Miller	Barb and Olivia Sahr
Family of Don Gangnagel	Gay Jeffreys
Family of Lenore Serstad	Patricia Vitale
Jim Ireland	Amando Rocha
Ronnie Pagano	Family of Eugene Euvino
Zach Garbornino	Call Committee





All God's Children had yet another amazing year! The end of year activities were wonderful, and fun and created cherished memories for all of the AGC families and staff! Here are a few pics of Mother's Day Chapel with Pastor Ed, Kona Ice Day, Dance class, and VPK Beach Day!!





**DAY CAMP VOLUNTEERS NEEDED** Our annual Day Camp will be held from **June 10<sup>th</sup> -14<sup>th</sup>** right here at Living Lord. We have already secured Luther Springs Counselors to run the programming, but we need a chairperson to coordinate the event and volunteers to help with meals, crafts, registration, nursing, and security. Please contact the office if you can help. Day Camp Registration is open.

SCRIP is available in the narthex after each service.  
 "What is SCRIP?" you may ask. It's an ongoing fundraiser designated towards the purchase of an electronic sign. Your part in this effort is to purchase gift cards at our table for face value. A percentage of every purchase goes toward our goal. The success of this fundraiser depends on your continued support, not just for gifts, but for your everyday expenses such as groceries, gas, entertainment and much more. Pick up a catalogue at our table, listing over 500 selections. Orders are placed every week for pick-up the following week. Checks or cash payment accepted.  
 Ed & Marsha Holloway



Be sure to say hello! Karen Goff

Joyce Sheffield



Shannon, Maximilian and Senna Van den Bosch  
and Dan and Alison Brumenshenkel



Karen



Joy

**2024 GRADUATES**



**Miles Fetterman**

**Graduating from**  
Parrish Community High  
School

**Attending**  
University of North Florida

**Major**  
Construction Management



**Brooke Laschke**

**Graduating from**  
Lakewood Ranch High  
School

**Attending**  
New College of Florida

**Major**  
Biology



**Robert Powers**

**Graduating from**  
Lakewood Ranch High  
School

**Attending**  
University of Alabama

**Major**  
Operations Management

Attendees: Pastor Ed Holloway, President Rebecca Powers, Beverly Brockschmidt, Rae Dowling, Mike Gutzler, Mary Hunter, Rich Jones, Patty Kunkel, Rhoda Olson, Stephney Rose Absent: Brook Palmtag.

The meeting was called to order by Vice President Jones at 6:59pm.

Pastor Ed led us in prayer and devotions from “Traveling Light” by Max Lucado.

**Minutes Approval:** A motion was made to approve the March 2024 minutes by Beverly and seconded by Rhoda. They were approved unanimously.

**Team Reports:** All reports were submitted electronically. The following are additional notations.

**Pastor’s Report:** We had very good attendance throughout the Easter season, including Maundy Thursday (58), Good Friday (98) and Easter Sunday (249).

**All God’s Children Report:**

- Bea Daly has resigned from the AGC board. Dennis Piet has been nominated to fill the open position. Council approved unanimously.
- The Observer Media Group interviewed Erin and will be doing a story on AGC.
- April 21<sup>st</sup> there will be a blessing of the children’s statue in the front island by the school entrance and AGC will also host an open house and tours of the school.
- A new paperless sign in system for parents and visitors will be purchased with the proceeds from the successful Carnival last month.

**Financial Report:**

- The financial report was submitted to electronically to the council members and is available in the office for review. We are currently running about a week behind in giving. Our expenses are also down, however we need to continue to watch both.
- A recent audit uncovered that we may not always be receiving proper tax exemptions, specifically when various groups purchase items for the church and don’t properly use our tax exempt status. (provide letter to vendor which verifies our status). The audit and finance team are tightening the process and encourage anyone that purchases things for the church to get a copy of the tax exempt letter from Maggie and present it at time of check out.

- Stale designations from previous building projects were identified:

3702-03 – Solar Equipment - \$650.00

3702-A – Church Furnishings - \$753.04

3715 - Mortgage Reserve - \$6,873.69

A motion was made to move those items from the restricted or reserve fund to the active Building Improvement Fund by Mike. The motion was seconded by Rhoda and the council voted unanimously to do so.

**Call Process:**

The slate of call committee members was presented to the congregation for a vote and all were elected unanimously.

The Slate of Call Committee members include:

- |                     |                  |
|---------------------|------------------|
| - Sherry Ireland    | - Pauline Priest |
| - Tom Marino        | - Barb Sahr      |
| - Ruth McConnell    | - Carolyn Scott  |
| - Steve Pierannunzi | - Jeff Taylor    |

The Call committee met with Nicole Eastwood from Synod and they are off and running. They will be installed as a formal committee of the Church on April 14<sup>th</sup>, at each service. Barb Sahr, will be the Call Committee Liaison to the Council and will attend the council meetings and update them on the happenings of the Committee.

**Other Business:**

Building Improvement Committee.

A number of improvements have been prioritized.

AGC Plumbing

Signage

Women’s restroom

Handicap/Family restroom

Flooring in Sanctuary

Activity Hall

Any expenditures over \$5000 must be approved by the council and any expenditures over \$15,000 must be approved by the congregations per our Constitution.

An electronic report by the building improvement committee has been filed in the office and is available for review.

AGC financial/maintenance agreement.

From the audit report it was recommended that the financial agreements between AGC and LLLC be reviewed and updated.

President Powers will propose a time to sit down and discuss an agreement covering operating costs, capital maintenance expenses and unplanned expenses.

Youth Sunday / Graduation Sunday

We will get with Roger Raddatz to see if he would like to assist with the Youth Sunday.

2024 high school graduates are typically recognized in May and scholarships awarded to graduating seniors that are members of the church. This year we have 4 seniors: Kai Byrd, Myles Fetterman, Brooke Laschke and Robert Powers. Rebecca Powers will work on this with Pastor.

**New Business:** Council next meeting dates: May 8, 2024 – 7pm – at Living Lord .

Meeting was adjourned with the Lords Prayer at 7:55pm.

Respectfully submitted,

Rae Dowling

**WORSHIP ATTENDANCE APRIL 2024**

	Online People Reached	In-Person Attendance	Total
7-Apr	227	130	357
14-Apr	no data	133	133
21-Apr	382	140	522
28-Apr	no data	139	139

**Living Lord Lutheran Church  
Treasurer's Report as of April 30, 2024**

<b>OVERVIEW YEAR TO DATE 2024</b>	<b>Jan -Apr 2024 Actuals</b>	<b>Jan - Apr 2024 Budget</b>	<b>Favorable/ (Unfavorable)</b>
Church General Fund Receipts	129,083.40	163,251.56	(34,168.16)
Church General Fund Disbursements	122,756.32	126,922.34	4,166.02
Net Church General Fund	6,327.08	36,329.22	(30,002.14)
Church Restricted Receipts	39,392.93		
Facility Fundraiser (Scrip)	230.57		
Youth Group Fundraiser	521.06		
Church Restricted Disbursements	8,248.70		
Net Church Financial Position	<u>38,222.94</u>		
AGC General Fund Receipts	127,138.92	121,119.20	6,019.72
AGC General Fund Disbursements	89,253.45	87,641.97	(1,611.48)
Net AGC General Fund	37,885.47	33,477.23	4,408.24
AGC Restricted Receipts	-		
AGC Fundraisers	11,687.26		
AGC Restricted Disbursements	5,972.23		
Net AGC Financial Position	<u>43,600.50</u>		
Total LLLC General Fund Receipts	256,222.32	284,370.76	(28,148.44)
Total LLLC General Fund Disbursements	212,009.77	214,564.31	2,554.54
Net LLLC General Fund	44,212.55	69,806.45	(25,593.90)
Fundraising Balances	12,438.89		
Total LLLC Restricted Receipts	39,392.93		
Total LLLC Restricted Disbursements	14,220.93		
Net Total LLLC Financial Position (includes restricted)	<u>81,823.44</u>		
	<b>Jan -Apr 2024 Actuals</b>	<b>Jan - Apr 2023 Actuals</b>	<b>Favorable/ (Unfavorable)</b>
<b>YEAR TO DATE COMPARISON 2024 VS 2023</b>			
Church General Fund Receipts	129,083.40	160,325.64	(31,242.24)
Church General Fund Disbursements	122,756.32	135,825.85	13,069.53
Net Church General Fund	6,327.08	24,499.79	(18,172.71)
AGC General Fund Receipts	127,138.92	129,687.20	(2,548.28)
AGC General Fund Disbursements	89,253.45	78,933.43	(10,320.02)
Net AGC General Fund	37,885.47	50,753.77	(12,868.30)
Total LLLC General Fund Receipts	256,222.32	290,012.84	(33,790.52)
Total LLLC General Fund Disbursements	212,009.77	214,759.28	2,749.51
Net LLLC General Fund	<u>44,212.55</u>	<u>75,253.56</u>	(31,041.01)

Church general fund receipts through April are \$31,000 less than last year.  
Receipts, however, are \$6300 more than disbursements.  
AGC is \$37,000 favorable to disbursements through March.

Karen Symos, bookkeeper



## FAITH COMMUNITY NURSES

### **How to Be a Healthy Caregiver for Your Alzheimer's Partner**

As a caregiver, you may find yourself with so many responsibilities that you neglect taking good care of yourself. But the best thing you can do for the person you are caring for is stay physically and emotionally strong. Here are some of the steps you can take.

**See the doctor** Trying to do everything by yourself will leave you exhausted. Don't do it alone. Seek support from family, friends, your faith community and the Alzheimer's Association®.

Be sure to visit your physician regularly (at least annually), and listen to what your body is telling you. Any exhaustion, stress, sleeplessness, or changes in appetite or behavior should be taken seriously. Ignoring these symptoms can cause your physical and mental health to decline.

If you are caring for someone in the late-stages of Alzheimer's, talk to your health care provider about the seasonal flu shot. Being vaccinated protects both you and the person you are caring for.

**Get moving** No doubt you know that exercise is an important part of staying healthy — it can help relieve stress, prevent disease and make you feel good. But finding the time to exercise is another story.

Use these tips: **Take friends and family members up on their offers to help.**

You can get in a good workout in a short amount of time — even a 30-minute break. Help coordinate a schedule where you have breaks to exercise and take care of your health.

**Start small.** While it is recommended that you get 30 minutes of physical activity at least five days a week, even 10 minutes a day can help. Fit in what you can, and work toward a goal.

**Exercise at home.** When the person with dementia naps, pull out a yoga mat and stretch, set up a stationary bike, or try exercise tapes.

**Find something you love.** If you enjoy the activity, it will be easier to make it a habit.

There also are many ways you can be active with the person with dementia. Here are a few ideas: Take a walk together outside to enjoy the fresh air, go to the mall and take a stroll indoors, do seated exercises at home, dance together to favorite music, garden or do other routine activities that you both enjoy

**Eat well** Heart-healthy eating patterns, such as the Mediterranean diet, are good for overall health and may help protect the brain. A Mediterranean diet includes relatively little red meat and emphasizes whole grains, fruits, vegetables, fish, nuts, olive oil and other healthy fats. Try new recipes and involve the person with dementia.

#### **Five tips to help you cope**

1. **Manage your level of stress.** Stress can cause physical problems (blurred vision, stomach irritation, high blood pressure) and changes in behavior (irritability, lack of concentration, change in appetite). Note your symptoms and discuss with a doctor, as needed. Try to find relaxation techniques that work for you.

2. **Be realistic.** The care you give does make a difference, but many behaviors can't be controlled. Grieve the losses, focus on positive times as they arise, and enjoy good memories.

3. **Know you're doing your best.** Remember that the care you provide makes a difference and that you are doing the best you can. You may feel guilty because you can't do more, but individual care needs change as Alzheimer's progresses. You can't promise how care will be delivered, but you can make sure that the person with the disease is well cared for and safe.

4. **Take a break.** It's normal to need a break from caregiving duties. No one can do it all by themselves. Look into respite care to allow time to take care of yourself.

**Accept changes as they occur.** People with Alzheimer's disease change over time and so do their needs. They may require care beyond what you can provide on your own. Becoming aware of community resources and care options — from home care services to residential care — can make the transition easier. So will the support and assistance of those around you.

Source: [www.alz.org](http://www.alz.org)

¶keep my eyes always on the Lord. With him at my right hand, I will not be shaken. Therefore my heart is glad and my tongue rejoices, my body also will rest secure. *Psalm 16:8-9*





## Ask The Weatherman

By: Bill Mork

**What is the NOAA 2024 hurricane forecast?** NOAA's Thu/23 May outlook for the 2024 Atlantic hurricane season, 1 Jun to 30 Nov, predicts an 85% chance of an above-normal season, a 10% chance of a near-normal season and a 5% chance of a below-normal season. NOAA is forecasting a range of 17 to 25 total named storms (winds of 74 mph or higher), including 4 to 7 major hurricanes (category 3, 4, or 5 with winds of 111 mph or higher). The season is expected to have above-normal activity due to a confluence of factors, including near-record warm ocean temperatures in the Atlantic Ocean, development of La Nina conditions in the Pacific, reduced Atlantic trade winds, and less wind shear, all of which tend to favor tropical storm formation.

**What are 2024 Atlantic tropical cyclone names?** Names by alternating gender are Alberto, Beryl, Chris, Debby, Ernesto, Francine, Gordon, Helene, Isaac, Joyce, Kirk, Leslie, Milton, Nadine, Oscar, Patty, Rafael, Sara, Tony, Valerie, and William.

**How warm was April 2024?** Earth's simmering record hot streak has stretched to 11 months, with Apr breaking yet another global temperature record with 59.05 degrees. It was 0.25 degree warmer than the previous Apr high in 2016. A similar 11-month hot streak occurred in 2015-16. However, the global average temp for the past 12 months, May 2023-Apr 2024, is the highest on record. Southeast Asia has been gripped by an extreme heat wave that began in Apr, prompting school closures and contributing to devastating crop loss. Extreme heat in Mexico arrived with 70% of Mexico in drought and a third in severe drought. All time highest temp for Mexico is possible in late May. Global ocean surface temp of 69.9 was highest value on record for Apr.

**Has the drought returned?** The U.S. Drought Monitor issued Thu/23 May, puts Manatee and Sarasota Counties in Moderate Drought (D1), which extends eastward to the FL East Coast. Assuming no rainfall the remainder of May, the Mar-May rainfall in Parrish is 3.30 inches, 37% of normal. That is the third driest Mar-May period since we arrived here in 2005. Rainfall at the Sarasota-Bradenton Airport for the same period is 2.12 inches, 27% of normal. Severe drought continues in western MT, southwest TX, most of NM, and in central and western KS.

**Who had record floods?** Trinity River flooding in Southeast TX late Apr/early May was triggered by torrential rainfall with as much as 10 inches in a day and 20 inches in several days. At one location north of Lake Livingston, 6 inches of rain fell in an hour on 28 Apr. Excess water in Lake Livingston on 3 May was 220,000 acre feet, more than from Hurricane Harvey.

**What hit Houston?** On 16-17 May, a derecho hit Southeast TX with winds up to 100 mph, at least 7 deaths, and widespread damage in Houston, especially glass damage downtown.

**What hit Tallahassee?** Fri/10 May was a destructive time for Tallahassee as 3 tornadoes moved through the city, causing destruction and 1 fatality. Two were EF2 tornadoes.

**What is the tornado tally?** The large 2024 total through 28 May is 866 in North America. The three EF4 tornadoes were at Marietta OK on 27 Apr, Barnsdall OK on 6 May, and Greenfield IA on 21 May. There were 27 EF3 tornadoes and 91 EF2 tornadoes. Worldwide, at least 55 tornado deaths include 38 in the U.S., 9 in China, 5 in India, 2 in Mexico, and 1 in Indonesia. Our latest destructive EF3 tornado on 26 May hit Valley View/Pilot Point TX with 7 deaths/20 injuries.



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A congregation of the Evangelical Lutheran Church in America



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